

PARISH CONTACT LIST

Priest and Rector	Fr. Don Davidson cell	519-743-8136 519-497-8300
Rector's Warden	Jim Stirling	519-696-2682
People's Warden	Reta Risto	519-570-9356
Dpty. Rector's Warden	John Rynie	519-578-5913
Dpty People's Warden	Nelson Cuthbert	519-578-8671
Finance Committee	Steve Lipkowski	519-886-4204
Envelope Secretary	Brian Ledbury	519-743-5575
Director of Music	Robert Aszmies	519-500-0769
Organist and Int. & Jr. Choir Director	John Shaw	519-576-9322
Altar Guild	MaryLynn Forrest	519-570-2272
Weddings	Jan Melega	519-578-0937
Flowers	Christine Ledbury	519-743-5575
Anglican Church Women	Jane Martin	519- 744-1548
Women's Guild	Pauline Stirling	519-696-2682
Outreach Committee	MaryLynn Forrest	519-570-2272
Stewardship	Marc Mennel	519-745-9245
Sunday School		
Children's Program	Alison Olmsted	519-884-4287
Youth Program		
Camp Little Dragon		519-744-4751
Coffee Hour	Carol Ann Yaniv Denyse Perkins	519-880-8530 519-742-5282
Greeters	Nelson Cuthbert	519-578-8671
Intercessors	Margaret Walker	519-747-9787
Lay Readers		
Reader's Guild	Cheryl Fox	519-579-0684
Server's Guild	George Mudry Lesley Burland-Prong	519-742-7115 519-885-7679
Prayer Chain	Christine Ledbury	519-743-5575
Prime Timers	Emily Berti	519-579-2787
Parish Administrator	Valerie O'Reilly	519-744-4751
Sexton	Carol Lodin	519-742-1604
church e-mail	stgeorgefh@golden.net	



St. George's of Forest Hill

321 Fischer Hallman Rd
Kitchener On N2M 4X9
519-744-4751 fax 519-744-6372
stgeorgefh@golden.net
www.stgeorgesofforesthill.com

March 1, 2009

1st Sunday in Lent

Bagel Sunday – 1st Sunday of each month
8:15am Holy Eucharist – Church
10:00am Holy Eucharist – Church
11:00am Coffee and Refreshments – Narthex

10:00am Wednesday Healing Service - Chapel
7:00pm Thursday Healing Service – Chapel

This week at St George's

Sun	Alcoholics Anonymous	6:30-9 pm
Mon	Interfaith Counseling	9:00 am
Mon	Maycourt	6:30 pm
Mon	Senior Fitness	10:45 am
Mon	K-W Singers	6:30 pm
Mon	Book Study	8:00 pm
Tues	Stewardship	7:30 pm
Tues	Renaissance Singers	6:30 pm
Wed	Brownies	6:30 pm
Thurs	Interfaith Counseling	9:00 am
Thurs	Junior Choir	7:00 pm
Thurs	Senior Choir	8:00 pm
Fri	Brownies	6:00 pm
Sun	Milkbag Mat Workshop	11:00 am

Inspired by Christ, we dedicate ourselves to grow together in faith through active stewardship and ministry to one another and our communities.

All people are welcome here!

Name Tags are a ministry of hospitality and respect.
We invite you to wear yours every Sunday.

Readings for Next Week

Genesis 17:1-7,15-16

Ps 22:22-30

Romans 4:13-25

Mark 8:31-38

Palm Crosses

We will be tying new Palm Crosses on April 2 at 6:00. All are welcome to come and learn a new skill.

Praise Band

Praise Band Singers?? Thank you to all who have expressed interest in the praise band. Others can still speak to our Director of Music, Robert Aszmies. We are now looking for people who would enjoy learning to sing the new songs so you can be part of a group which leads in the singing. If interested, please speak to Robert Aszmies or Valerie Cuthbert.

Many, many thanks for the donations of musical instruments to the Church School. The children will enjoy playing them and making joyous music!

Blessings and Blocks

The Quilting group will meet on March 2 at 2-4pm in the church hall.

Women's Book Club

March 18 The Shack WM Paul Young
(Some people in church have copies.)

April 15 What the Psychic told The Pilgrim
Jane Christmas (preparation for the Women's Service in April)

St. George's has a big "HEART"!!!

For the third year in a row St. George's has sold "Valentine" chocolates to raise money for Anselma House! We raised \$950.00!! This was over \$100.00 more than last year!!! Thank you to all of you who supported this event!! The Outreach Committee

Parish History Books

There are still Parish History Books available. The suggested donation is \$15. Please see a warden or call the office to purchase a book.

FIX-UP 2008/09 - FINANCIAL CAMPAIGN

Total received to February 22 - \$6989.00 – GREAT!!

For background information on our campaign please refer to the church web-site at: www.stgeorgesofforesthill.com
Stewardship

World Day of Prayer 2009

Theme: In Christ there are many members yet one body

Date: Friday, March 6, 2009

Time: 7:30 p.m.

Location: Westheights Brethren in Christ Community Church
82 Westheights Drive, Kitchener

For further information, please contact Karen Baker or Margaret Walker

Taize Services

Sunday, April 5, 7:30 pm (Palm Sunday)
St. Agatha Christian Communities at St. Agatha Catholic Church
Notre Dame Dr., St. Agatha, ON (corner of Erb Rd.)
Sunday, April 26, 7:30 pm First Mennonite Church
800 King St. E., Kitchener
Sunday, May 24, 7:30 pm Preston Mennonite Church
791 Concession Road, Cambridge

Donations for Altar Flowers

This money is paid directly to the Altar Guild and is sometimes getting mixed up with the regular budget donations. In order to avoid this mix up, when making your donation for Altar Flowers, please put it in a separate envelope marked "Altar Flowers" along with your name, envelope number and amount. Thank you. This will help Karen balance her books and make sure your tax receipt is correct.

Milk Bag Mats are underway at St. George's!

Please join us for one of the following workshops in Thompson Hall to learn what you can do to participate in this exciting project.

March 8th - Following the 10 a.m. worship service

March 15th - Following the 8:15 a.m. worship service

Please bring any outer milk bags you may have collected. To prepare them, please wash and dry them inside and out to make sure they have no milk in them that can harden and sour. Bring large scissors, crochet hooks between size 6-7.5 or 8 and your enthusiasm to learn! Anyone who wishes to participate in the steps to get the bags ready but does not wish to crochet is quite welcome to come, as many hands will make many mats as we work together. This is one excellent way to participate in our carbon fast Father Don mentioned last week for the season of Lent - by giving some of our time and resources we can put into action 'Love does no harm to our neighbour' while we make these sleeping mats for people who have only the ground to sleep on. Light refreshments will be served.

Lenten Study Series

Lent is not only about giving up chocolate or cookies but also about prayer. If you are reading this notice then you are likely familiar with corporate prayer: it is the prayer we say as a community at our services every week. But what about personal prayer?

Personal prayer can take many forms. During Lent we will explore various forms of prayer and look at different aspects that can make prayer more meaningful. A variety of speakers will talk about their own personal practice of prayer. There will be an opportunity to try some of these prayer practices as the speakers guide us through some prayer time.

Everyone is welcome to join us every Thursday evening in Lent starting 26th February through 2nd April at 7:00pm in the Narthex. No experience necessary. No registration required.

SPRING IS COMING

Think Mother's Day
Think Father's Day

THEN

Think SPRING MARKET on April 25th for your gifts

Daylight Saving Time

We change our clocks next weekend. Daylight Saving Time starts March 8 at 2am.

Deadline for *The Dragon Flyer* is March 18.

We welcome your contributions, announcements, photos, and upcoming events. Please email your submissions (Word format preferably) to fh.dragonflyer@gmail.com or on hard copy (marked "Dragon Flyer") either to Laurie Childs mailbox in the Narthex or to Valerie in the church office.

SMALL DONATIONS NEEDED

For the month of March, all food donations are going to **The Working Centre - St. John's Kitchen**. If everyone could pick up just one item from the list below when you are shopping, our donation bins would overflow and the "Kitchen" would be overjoyed with your kindness. Many Thanks....Outreach Committee

- 1.Peanut Butter
- 2.Jams
- 3.Kraft Dinner
- 4.Canned meats (ham, chicken)
- 5.Sugar
- 6.Lunchables (to send in children's school lunches)
- 7.Lunch size fruit; pudding servings
- 8.Canned fruit large sizes
- 9.Canned pasta; ravioli, spaghetti
- 10.Canned Milk
11. Instant Coffee
12. Tea

