



St George's of Forest Hill Anglican Church

321 Fischer Hallman Road
Kitchener, Ontario N2M 4X9

Office **519-744-4751**

Website: **www.stgeorgesofforesthill.com**

YouTube: **<https://www.youtube.com/@stgeorgesfh>**

Broadcasts: We broadcast our 10 am Sunday Services and other special Services via YouTube and Facebook. These can be accessed over the internet using the YouTube link above. We make every effort to avoid capturing members of the audience during the broadcast.

Electronic Devices: Please silence your devices during the Service for the benefit of all worshipping with us. Your cooperation is appreciated.

"Fragrance Free" space: We are a "fragrance free" space as we have those who suffer from sensitivities or allergies to fragrance. Thank you for your co-operation.

Diocese of Huron - The Anglican Church of Canada

Bishop: Rt Rev Dr Todd Townshend

Music Director: Rob Aszmies

Organist: John Shaw

Celebrant: The Rev Sharla Malliff

Greeter: Mary Ann Millar

Server & Crucifer: Alfred Butler, Michael Chine

Warden on Duty: Debra Zanon-Barclay

Vestry Sunday

Epiphany IV – February 1, 2026 BAS – 9:00 am

Announcements

Processional Hymn: 'All are Welcome'

Let us build a house where love can dwell and all can safely live.
A place where saints and children tell how hearts learn to forgive.
Here the cross shall stand as witness and as faith and vault of grace,
Here the love of Christ shall end division.
All are welcome, all are welcome, all are welcome in this place.

Let us build a house where prophets speak, and words are strong and true.
Where all God's children dare to seek to dream God's reign anew.

Here the cross shall stand as witness and as symbol of God's grace;
Here as one we claim the faith of Jesus.
All are welcome, all are welcome, all are welcome in this place.

Let us build a house where love is found in water, wine and wheat;
A banquet hall on holy ground, where peace and justice meet.
Here the love of God, through Jesus, is revealed in time and space,
As we share in Christ the feast that frees us
All are welcome, all are welcome, all are welcome in this place.

Let us build a house where hands will reach beyond the wood and stone,
To heal and strengthen, serve and teach, and live the Word they've known.
Here the outcast and the stranger bears the image of God's face,
Let us bring an end to fear and danger
All are welcome, all are welcome, all are welcome in this place.

Let us build a house where all are named,
their songs and visions heard and love and treasured, taught and claimed
as words within the Word. Built of tears and cries and laughter
prayers of faith and song of grace, let this house proclaim from floor to rafter
All are welcome, all are welcome, all are welcome in this place.

The Gathering of the Community

C: The grace of our Lord Jesus Christ, and the love of God, and the
fellowship of the Holy Spirit, be with you all.

A: And also with you.

Trisagion

C: Holy God, holy and mighty, holy immortal one, have mercy upon us.

A: Holy God, holy and mighty, holy immortal one, have mercy upon us.

C: Holy God, holy and mighty, holy immortal one, have mercy upon us.

Glory to God

Glory to God in the highest,
and peace to his people on earth.
**Glory to God in the highest,
and peace to his people on earth.**

Lord God, heavenly king,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
**Glory to God in the highest,
and peace to his people on earth.**

Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive, receive our prayer.

For you alone are the Holy One,
you alone are the Lord.
**For you alone are the Holy One,
you alone are the Lord.**
You alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father,
in the glory of God the Father.
Amen.
Amen.

Prayer of Transition

- C: Almighty God, giver of all good gifts, look on your church with grace, and guide the minds of those who shall choose a rector for this parish of St George's, that they may receive a faithful servant who will care for your people and support them in their ministries; through Jesus Christ our Lord.
- A: **Amen.**

The Collect of the Day

C: Redeeming God, you come to us in Christ to rescue us from slavery and lead us out of captivity. Guide us by the wisdom of the cross, and show us how to live a life of justice, love, and blessedness.

A: Amen

The Proclamation of the Word

The Readings

First Reading Micah 6:1–8

MaryLynn Forrest

A reading from the Prophet Micah.

Hear what the LORD says:

Rise, plead your case before the mountains,
and let the hills hear your voice.

² Hear, you mountains, the controversy of the LORD,
and you enduring foundations of the earth;
for the LORD has a controversy with his people,
and he will contend with Israel.

³ 'O my people, what have I done to you?
In what have I wearied you? Answer me!

⁴ For I brought you up from the land of Egypt,
and redeemed you from the house of slavery;
and I sent before you Moses,
Aaron, and Miriam.

⁵ O my people, remember now what King Balak of Moab devised,
what Balaam son of Beor answered him,
and what happened from Shittim to Gilgal,
that you may know the saving acts of the LORD.'

⁶ 'With what shall I come before the LORD,
and bow myself before God on high?
Shall I come before him with burnt-offerings,
with calves a year old?

⁷ Will the LORD be pleased with thousands of rams,
with tens of thousands of rivers of oil?

Shall I give my firstborn for my transgression,
the fruit of my body for the sin of my soul?’

⁸ He has told you, O mortal, what is good;
and what does the LORD require of you
but to do justice, and to love kindness,
and to walk humbly with your God?

The word of the Lord
Thanks be to God.

Psalm 15

Roberta Butler

1 Lord, who may dwell in your tabernacle? *
who may abide upon your holy hill?

2 Whoever leads a blameless life and does what is right, *
who speaks the truth from his heart.

3 There is no guile upon his tongue; he does no evil to his friend; *
he does not heap contempt upon his neighbour.

4 In his sight the wicked is rejected, *
but he honours those who fear the Lord.

5 He has sworn to do no wrong *
and does not take back his word.

6 He does not give his money in hope of gain, *
nor does he take a bribe against the innocent.

7 Whoever does these things *
shall never be overthrown.

Glory be to the Father and to the Son and to the Holy Spirit.
As it was in the beginning, is now and will be forever. Amen.

¹⁸ For the message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. ¹⁹ For it is written,

‘I will destroy the wisdom of the wise,
and the discernment of the discerning I will thwart.’

²⁰ Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? ²¹ For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. ²² For Jews demand signs and Greeks desire wisdom, ²³ but we proclaim Christ crucified, a stumbling-block to Jews and foolishness to Gentiles, ²⁴ but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. ²⁵ For God’s foolishness is wiser than human wisdom, and God’s weakness is stronger than human strength.

²⁶ Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. ²⁷ But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; ²⁸ God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, ²⁹ so that no one might boast in the presence of God. ³⁰ He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, ³¹ in order that, as it is written, ‘Let the one who boasts, boast in the Lord.’

The word of the Lord
Thanks be to God.

Gospel Acclamation

Alleluia, Alleluia, Alleluia, Alleluia,

The Word of the Lord is alive,
The Word of God is active
It can judge our thoughts, bring us closer to the Father.

C: The Lord be with you.

A: **And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Matthew
Glory to you, Lord Jesus Christ.

Matthew 5:1-12

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. ² Then he began to speak, and taught them, saying:

³ 'Blessed are the poor in spirit, for theirs is the kingdom of heaven.

⁴ 'Blessed are those who mourn, for they will be comforted.

⁵ 'Blessed are the meek, for they will inherit the earth.

⁶ 'Blessed are those who hunger and thirst for righteousness, for they will be filled.

⁷ 'Blessed are the merciful, for they will receive mercy.

⁸ 'Blessed are the pure in heart, for they will see God.

⁹ 'Blessed are the peacemakers, for they will be called children of God.

¹⁰ 'Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.

¹¹ 'Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account.

¹² Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

The Response to the Gospel: CP #439 'Blest Are the Pure in Heart'

Apostle's Creed

C: Let us confess the faith of our baptism as we say,

A: I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Prayers of the People

Roberta Butler

O: O God, whose wisdom surpasses our understanding, help us to grow as a people of blessing as we offer our prayers for the church and the world.

We pray for those for whom prayers have been requested and for those who mourn; (*especially*) may they know the comfort of your abiding presence.

We pray for the meek; may they receive the goodness of your earth.

We pray for those who hunger and thirst for righteousness; may they be filled with goodness.

We pray for those who are merciful; may they also receive mercy.

We pray for the pure in heart; may they see you face to face.

We pray for the peacemakers; may they be recognized as your children.

We pray for those who are persecuted for the sake of righteousness; may they know the protection of your realm.

We rejoice this day and give thanks for the many blessings of this life and for the gift of heaven which is ours even now. May we, with your prophets from all the ages, have the wisdom to pursue your truth and the courage

to do what is holy and right. We ask all this in the name of Christ, who is our light and our life.

A: Amen.

Confession and Absolution

C: Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

Most merciful God,

A: We confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

C: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

A: Amen.

The Peace

C: The peace of the Lord be always with you,

A: And also with you.

The Celebration of the Eucharist

The Preparation of the Gifts

Invitation to the Offering

C: With what shall we come before the Lord this day? We come with a love of justice and a passion for sharing Christ's love. Let us walk in humble gratitude, offering to God a portion of the gifts that God freely shares with us, gifts for the healing of the world.

Offertory Hymn: CP #631 'The Kingdom of God is Justice and Joy'

Prayer over the Gifts

C: We thank you, God, that you have blessed us with an abundance of gifts for the flourishing of your world. May this offering of our life and labor reveal your love as we seek to share your promised reign with all creation.

A: Amen.

The Great Thanksgiving Eucharistic Prayer #2

C: The Lord be with you.

A: And also with you.

C: Lift up your hearts.

A: We lift them to the Lord.

C: Let us give thanks to the Lord our God.

A: It is right to give God thanks and praise.

We give you thanks and praise, almighty God,
through your beloved Son, Jesus Christ,
our Saviour and Redeemer.

He is your living Word,
through whom you have created all things.

By the power of the Holy Spirit
he took flesh of the Virgin Mary
and shared our human nature.

He lived and died as one of us,
to reconcile us to you,
the God and Father of all.

In fulfilment of your will
he stretched out his hands in suffering,
to bring release to those who place their hope in you;
and so he won for you a holy people.

He chose to bear our griefs and sorrows,
and to give up his life on the cross,
that he might shatter the chains of evil and death,
and banish the darkness of sin and despair.

By his resurrection
he brings us into the light of your presence.

Now with all creation we raise our voices
to proclaim the glory of your name.

Ho - ly, ho - ly, ho - ly Lord, God of power and might,

Ho - ly, ho - ly, ho - ly Lord, God of power and might,

heav - en and earth are full, full of your glo -

ry. Ho - san - na in the high - est, ho - san - na

in the high - est. Bless - ed is he who comes

in the name of the Lord. Ho - san - na in the

high - est, ho - san - na in the high - est.

C: Holy and gracious God,
accept our praise,
through your Son our Saviour Jesus Christ;
who on the night he was handed over
to suffering and death,
took bread and gave you thanks,
saying, "Take, and eat:
this is my body which is broken for you."
In the same way he took the cup,
saying, "This is my blood which is shed for you.
When you do this, you do it in memory of me."
Remembering, therefore, his death and resurrection,
we offer you this bread and this cup,
giving thanks that you have made us worthy
to stand in your presence and serve you.
We ask you to send your Holy Spirit
upon the offering of your holy Church.
Gather into one
all who share in these sacred mysteries,
filling them with the Holy Spirit
and confirming their faith in the truth,
that together we may praise you
and give you glory
through your Servant, Jesus Christ.
All glory and honour are yours,
Father and Son,
with the Holy Spirit
in the holy Church,
now and for ever.

A: Amen

Our Father in Heaven

Unison

1 Our Fath - er in heav - en, we hal - low your Name! Most
 2 Our dai - ly bread give us, ful - fil ev - ery need; grant
 3 Then, from all temp - ta - tion, come lead us a - way; from

ho - ly and glo - ri - ous, ev - er the same! Es -
 food for both spir - it and bod - y, we plead. As
 on - slaught of e - vil, de - liv - er we pray! For

tab - lish your king - dom, your pur - pose ful - fill. On
 we for - give oth - ers, our debts please for - give; with
 yours is the king - dom, the glo - ry and power in

earth as in heav - en, may all do your will!
 all re - con - ciled and at peace may we live.
 past and in fu - ture, this day and this hour!

The Breaking of the Bread

- C: We break the bread of life, and that life is the light of the world.
 A: God here among us, light in the midst of us, bring us to light and life.

Unison

Lamb of God, you take a - way the sins of the
world: have mer - cy on us. Lamb of God, you
take a - way the sins of the world:
grant us peace, grant us peace.

The Communion

Administrants: Fran Rothenberg, George Mudry, John Ryrie

Communion Music: 'Kingdom Prayer'

Lord, we're broken, brokenhearted, tired of going our own way.
We're proud and self-sufficient, but we're broken here today.
Lord, we need Your pow'r within us, for we have none of our own.
Take this mourning heart and comfort with Thy pow'r and Thine alone.

Lord, we're mourning, mourning children, mourning over sins inside.
For they're always right before us, much too great for us to hide.
Lord, we need Your pow'r within us, for we have none of our own.
Take this mourning heart and comfort with Thy pow'r and Thine alone.

Lord, we hunger and we thirst for Righteousness that's not our own.
For we see our selfish motives, come and take Your rightful throne.
Lord, we need Your pow'r within us, for we have none of our own.
Take this hungry heart and fill it with Thy pow'r and Thine alone.

Lord, make us your kingdom people, for we're nothing on our own.
Do Your will and bring Your kingdom, fill our hearts and take Your throne.

Choir Anthem: Ave Verum (Mozart)

Prayer after Communion

C Source of all goodness, in this eucharist we are nourished by the bread of heaven and invigorated with new wine. May these gifts renew our lives, that we may show your glory to all the world, in the name of Jesus Christ the Lord.

A: Amen.

C: Glory to God,

**A: Whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever.
Amen.**

Benediction: 'The Blessing'

The Lord bless you and keep you,
Make His face shine upon you and be gracious to you.
The Lord turn his face toward you, and give you peace. (x2)

Amen, amen, amen.

Amen, amen, amen.

Blessing

C: May Christ the Sun of Righteousness shine brightly on your path as you walk the way of justice and peace. And the blessing of God— the Creator, the Son - Healer and the Holy Spirit, Giver of Life bless you and keep you always.

A: Amen.

Recessional Hymn: CP #575 'Let Streams of Living Justice'

Readings for Next Week

Isaiah 58:1-9

Psalms 112:1-9

1 Corinthians 2:1-12

Matthew 5: 13-20

Last Week's Attendance

Sunday: 8:15 10:00

Givings

On the plate \$990 Auto Debit: \$2,050

Sunday Smile

Faith is about trust, not certainty.

Bible Study

Join our Bible Study every Thursday at 1:30 pm in the Fireside room. All are welcome!

Book Club

February Book Club is on February 17, 1pm in the Fireside Room. The book is "The View from Lake Como" by Adriana Trigiani. Call Ruth Pearce if you are interested in attending.

ST. ANDREWS CUPBOARD

Thank-you all so much for your wonderful donations to St. Andrew's Cupboard. The clients truly appreciate everything we are able to give! This week it was mentioned they could use pasta, pasta sauce and vegetables but of course, anything you are able to give is most appreciated ❤️

Thank-you

Heather Murphy - On behalf of your Outreach Committee

Lector Ministry

A Lector is a parish member who reads a lesson at one of our regular Sunday or special seasonal services. This is another opportunity to participate in and enjoy the wide array of ministries available here at St. George's. Scheduled readers do so about once every 5-6 weeks. If you are interested in joining our team, please see or call Jim or Cheryl Fox at 519-579-0684.

VESTRY SUNDAY - TODAY

Today, Sunday, February 1, 2026, is Vestry Sunday. We will have one Service at 9:00 am as in previous years followed by our annual Vestry Meeting in the Sanctuary at 10:15 am. After Vestry there will be a Soup Luncheon with Takeout available and a free will offering to cover costs. Please plan on attending as we need your input at the vestry Meeting. Vestry Reports are in the Narthex – please take one. The Financial report is available in the Narthex as well. Thanks! Nelson Cuthbert

“Out of the Cold” Outreach

While the temperatures have plummeted this winter, we are reminded of our friends who lived rough and unhoused. St John's Kitchen's newly renovated spaces are making a difference to a community which is vulnerable all year long, but never more vulnerable than when the mercury registers in double digits below zero!

Please, consider, if you can, purchasing *\$5 Tim Cards* to be distributed to the clients who require them. Being able to purchase something at Tim Hortons gives each one dignity and a chance to sit someplace warm. Simply place the Tim Cards in the collection plate for blessing and distribution.

Your contribution to this outreach is deeply appreciated.

Your Outreach Committee

Selection Committee Update

Since our last update before Christmas, we are completing analyses of both completed Questionnaires from parishioners and are constructing the related summary documents. These will be available by mid-February, hopefully. Also, our detailed work on the lengthy Parish Profile continues. The first draft is nearing completion. Once we have reviewed and polished that into its final form, it will be forwarded along with the Questionnaire Summaries and other required documents to the Bishop of Huron. We are hopeful that that will occur towards the end of February. If you have any questions, please contact Nelson Cuthbert, Chair-Selection Committee, at cuthben@gmail.com or 519-578-8671.

Book/Bible Study

Following the 10am worship, we will continue our study series from the book “Pairings: The Bible and Booze” by Matthew Anderson. Next week we will restart with Chapter 2 and the Book of Joshua.

World Day of Prayer

Friday, March 6th. St Matthews Lutheran Church, Kitchener will be the host for the event. This year's service has been written by the women of Nigeria with the theme being *I(will give you rest (Matthew 11: 28-30).*

If you are able to prepare a plate of treats or help serve our guests, please speak with Catherine Carlson. You can send an email if that is easier: c.louisecarlson@gmail.com.

Photographs

Pictures taken at worship services and special events may be used for the Parish Website, Facebook page, or the Dragon Flyer. Please speak to the photographer if you do not wish to be included in a picture. The Communications Committee.