

St George's of Forest Hill Anglican Church

321 Fischer Hallman Road
Kitchener, Ontario N2M 4X9

Office **519-744-4751**

Website: **www.stgeorgesofforesthill.com**

YouTube: **<https://www.youtube.com/@stgeorgesfh>**

Broadcasts: We broadcast our 10 am Sunday Services and other special Services via YouTube and Facebook. These can be accessed over the internet using the YouTube link above. We make every effort to avoid capturing members of the audience during the broadcast.

Electronic Devices: Please silence your devices during the Service for the benefit of all worshipping with us. Your cooperation is appreciated.

"Fragrance Free" space: We are a "fragrance free" space as we have those who suffer from sensitivities or allergies to fragrance. Thank you for your co-operation.

Diocese of Huron - The Anglican Church of Canada

Bishop: Rt Rev Dr Todd Townshend

Music Director: Rob Aszmies

Organist: John Shaw

Celebrant: The Rev Sharla Malliff

Greeter: Mary Ann Millar

Server & Crucifer: Alfred Butler, Michael Chine

Warden on Duty: Debra Zanon-Barclay

Lent 2 – March 1, 2026

BAS Eucharist – 10:00 am

Announcements

Processional Hymn: CP #468 'To Abraham and Sarah'

The Gathering of the Community

C: The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

A: **And also with you.**

C: Almighty God,

A: **to you all hearts are open, all desires are known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the**

inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

Prayer of Transition

- C:** Almighty God, giver of all good gifts, look on your church with grace, and guide the minds of those who shall choose a rector for this parish of St George's, that they may receive a faithful servant who will care for your people and support them in their ministries; through Jesus Christ our Lord.
- A:** Amen.

The Collect of the Day

- C:** God our helper, our shade, our protector, you are able to give life to the dead, to call into being things that do not exist. We trust in your power to make all things new; to keep us in sunlight and moonlight, along rocky paths and pathways unknown; until all our going and coming brings us at last to your kingdom promised in Christ, in whose name we pray.
- A:** Amen

The Proclamation of the Word

The Readings

First Reading Genesis 12:1 - 4a Catherine Carlson

A reading from the book of Genesis.

Now the LORD said to Abram, 'Go from your country and your kindred and your father's house to the land that I will show you. ²I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. ³I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.'

⁴So Abram went, as the LORD had told him; and Lot went with him. Abram was seventy-five years old when he departed from Haran.

The word of the Lord
Thanks be to God.

- 1 I lift up my eyes to the hills; *
from where is my help to come?
- 2 My help comes from the Lord, *
the maker of heaven and earth.
- 3 He will not let your foot be moved *
and he who watches over you will not fall asleep.
- 4 Behold, he who keeps watch over Israel *
shall neither slumber nor sleep;
- 5 The Lord himself watches over you; *
the Lord is your shade at your right hand,
- 6 So that the sun shall not strike you by day, *
nor the moon by night.
- 7 The Lord shall preserve you from all evil; *
it is he who shall keep you safe.
- 8 The Lord shall watch over your going out and your coming in, *
from this time forth for evermore.

Glory be to the Father and to the Son and to the Holy Spirit.
As it was in the beginning, is now and will be forever. Amen.

Second Reading Romans 4:1-5, 13-17

Michael DuBoulay

A reading from Paul's letter to the Romans.

What then are we to say was gained by Abraham, our ancestor according to the flesh? ² For if Abraham was justified by works, he has something to boast about, but not before God. ³ For what does the scripture say? 'Abraham believed God, and it was reckoned to him as righteousness.' ⁴ Now to one who works, wages are not reckoned as a gift but as something due. ⁵ But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness.

¹³ For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. ¹⁴ If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. ¹⁵ For the law brings wrath; but where there is no law, neither is there violation.

¹⁶ For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, ¹⁷ as it is written, 'I have made you the father of many nations')—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

The word of the Lord
Thanks be to God.

**Gospel Acclamation: CP #179 'Tree of Life and Awesome Mystery' (verses
1, 2, 3)**

The Holy Gospel John 3: 1 - 17

Rev Sharla Malliff

C: The Lord be with you.

A: **And also with you.**

The Holy Gospel of our Lord Jesus Christ according to John
Glory to you, Lord Jesus Christ.

John 3: 1 – 17

Now there was a Pharisee named Nicodemus, a leader of the Jews. ² He came to Jesus by night and said to him, 'Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.' ³ Jesus answered him, 'Very truly, I tell you, no one can see the kingdom of God without being born from above.' ⁴ Nicodemus said to him, 'How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?' ⁵ Jesus answered, 'Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. ⁶ What is born of the flesh is flesh, and what is born of the Spirit is spirit. ⁷ Do not be astonished that I said to you, "You must be born from above." ⁸ The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the

Spirit.’⁹ Nicodemus said to him, ‘How can these things be?’¹⁰ Jesus answered him, ‘Are you a teacher of Israel, and yet you do not understand these things?’¹¹ ‘Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony.’¹² If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things?¹³ No one has ascended into heaven except the one who descended from heaven, the Son of Man.¹⁴ And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up,¹⁵ that whoever believes in him may have eternal life.

¹⁶ ‘For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

¹⁷ ‘Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

**The Response to the Gospel: CP #179 'Tree of Life and Awesome Mystery'
(verses 4, 5, 6c)**

Homily

Rev Sharla Malliff

The Apostle’s Creed

C: Let us confess the faith of our baptism as we say,

A: **I believe in God, the Father almighty, creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord.**

He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Prayers of the People

Roberta Butler

O: Let us pray.

God our Helper, we thank you for keeping our lives always in your care and protection and pray for any and all who are in harm's way.

For those walking in the midst of danger . . .

For those who are treading a slippery path . . .

For those exhausted and seeking relief . . .

For those who face a mountain of worry or debt or any other obstacles. . .

Be Guardian and Guide, we pray, setting all our feet on your paths of righteousness and peace.

We pray for those who are struggling with a new challenge or call . . .

With a major transition in life or livelihood . . .

With their faith and understanding . . .

With grief, ancient or new . . .

Keep in your tender care and mercy, O God, those who are sick in mind, body, or spirit . . .

Those weighed down by depression or pain . . .

Those recuperating from surgery or accident. . . .

We prayer for those who have asked for our prayers.....

Protect not only us and those we love, but also the whole wide world you so love.

In places of war, bring peace . . .

In places beset by natural disaster, bring calm and restoration . . .

where there is unrest and injustice, make justice our aim.

Where hope has grown tired and thin, lift our sights, so that we may see hope beyond hope, life beyond death, and you, lifted up before us. In the name of Christ, who gave himself for our sake, we pray.
Amen.

Confession and Absolution

C: Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.
Most merciful God

A: **We confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

C: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

A: **Amen.**

The Peace

C: The peace of the Lord be always with you,

A: **And also with you.**

The Celebration of the Eucharist **The Preparation of the Gifts**

Invitation to the Offering

C: All that we have is a gift from God. In faith and gratitude, we return now a portion of what we have so abundantly received, as grateful heirs of the promises of God.

Offertory Hymn: CP #543 'Unto the Hills around Do I Lift Up'

Prayer over the Gifts

C: Gracious God, we dedicate to you not only these gifts, but also ourselves, in deep gratitude— for your call on our lives, your guidance in the baptismal journey, and for blessing us that we may be a blessing to others. Accept what we bring for your own good purposes. In Christ we pray.

A: Amen.

The Great Thanksgiving Eucharistic Prayer #3

C: The Lord be with you.

A: And also with you.

C: Lift up your hearts.

A: We lift them to the Lord.

C: Let us give thanks to the Lord our God.

A: It is right to give God thanks and praise.

C: Blessed are you, gracious God,
creator of heaven and earth;
we give you thanks and praise
through Jesus Christ our Lord,
who was tempted in every way, yet did not sin.
By his grace we are able to triumph over every evil,
and to live no longer for ourselves alone,
but for him who died for us and rose again.
Therefore with angels and archangels
and all who have served you in every age,
we raise our voices
to proclaim the glory of your name.

Ho - ly, ho - ly, ho - ly Lord, God of power and might.

Ho - ly, ho - ly, ho - ly Lord, God of power and might,

heav - en and earth are full, full of your glo -

ry. Ho - san - na in the high - est, ho - san - na

Detailed description: This system contains the first four staves of the musical score. Each staff consists of a vocal line (treble clef) and a piano accompaniment line (bass clef). The key signature has two flats (B-flat and E-flat), and the time signature is 4/4. The lyrics are: 'Ho - ly, ho - ly, ho - ly Lord, God of power and might.' The first two staves repeat the first line of the lyrics. The third staff continues with 'heav - en and earth are full, full of your glo -' and the fourth staff begins with 'ry. Ho - san - na in the high - est, ho - san - na'.

in the high - est. Bless - ed is he who comes

in the name of the Lord. Ho - san - na in the

high - est, ho - san - na in the high - est.

Detailed description: This system contains the next four staves of the musical score. Each staff consists of a vocal line (treble clef) and a piano accompaniment line (bass clef). The key signature has two flats (B-flat and E-flat), and the time signature is 4/4. The lyrics are: 'in the high - est. Bless - ed is he who comes' (first staff), 'in the name of the Lord. Ho - san - na in the' (second staff), and 'high - est, ho - san - na in the high - est.' (third staff). The fourth staff continues the piano accompaniment.

C: We give thanks to you, Lord our God,
for the goodness and love
you have made known to us in creation;
in calling Israel to be your people;
in your Word spoken through the prophets;
and above all in the Word made flesh,
Jesus your Son.
For in these last days you sent him
to be incarnate from the Virgin Mary,
to be the Saviour and Redeemer of the world.
In him, you have delivered us from evil,
and made us worthy to stand before you.
In him, you have brought us
out of error into truth,
out of sin into righteousness,
out of death into life.
On the night he was handed over
to suffering and death,
a death he freely accepted,
our Lord Jesus Christ took bread;
and when he had given thanks to you,
he broke it, and gave it to his disciples,
and said, " Take, eat:
this is my body which is given for you.
Do this for the remembrance of me."

After supper he took the cup of wine;
and when he had given thanks,
he gave it to them,
and said, "Drink this, all of you:
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me."

A: Therefore, Father, according to his command,
we remember his death,
we proclaim his resurrection,

we await his coming in glory;

C: and we offer our sacrifice
of praise and thanksgiving
to you, Lord of all;
presenting to you, from your creation,
this bread and this wine.

We pray you, gracious God,
to send your Holy Spirit upon these gifts,
that they may be the sacrament
of the body of Christ
and his blood of the new covenant.
Unite us to your Son in his sacrifice,
that we, made acceptable in him,
may be sanctified by the Holy Spirit.
In the fullness of time,
reconcile all things in Christ,
and make them new,
and bring us to that city of light
where you dwell with all your sons and daughters;
through Jesus Christ our Lord,
the firstborn of all creation,
the head of the Church,
and the author of our salvation;

by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory are yours, almighty Father,
now and for ever.

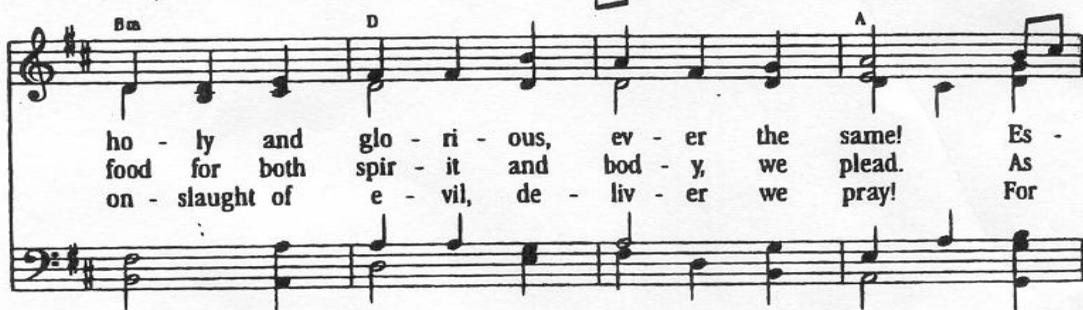
A: Amen.

Our Father in Heaven

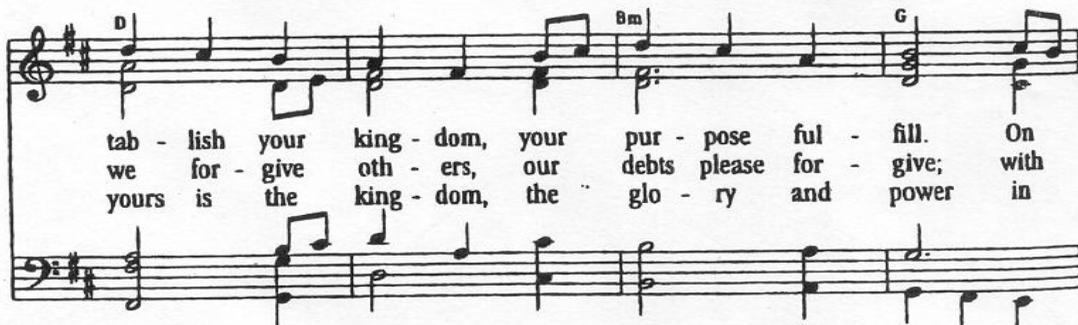
Unison



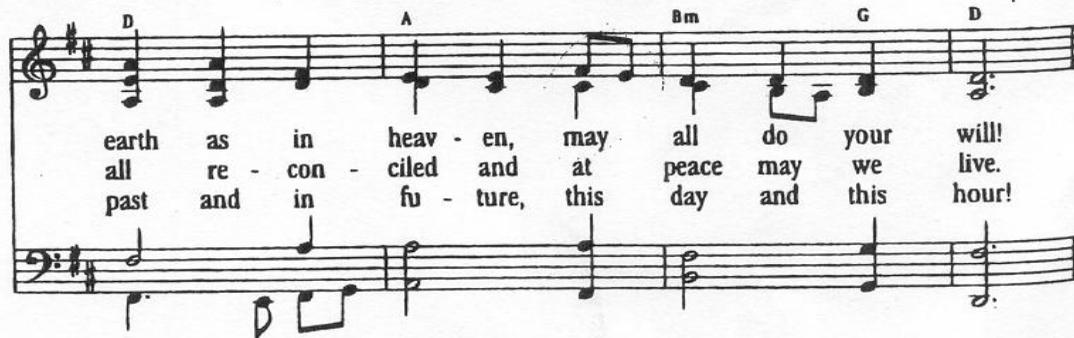
1 Our Fath - er in heav - en, we hal - low your Name! Most
2 Our dai - ly bread give us, ful - fil ev - ery need; grant
3 Then, from all temp - ta - tion, come lead us a - way; from



ho - ly and glo - ri - ous, ev - er the same! Es -
food for both spir - it and bod - y, we plead. As
on - slaught of e - vil, de - liv - er we pray! For



tab - lish your king - dom, your pur - pose ful - fill. On
we for - give oth - ers, our debts please for - give; with
yours is the king - dom, the glo - ry and power in



earth as in heav - en, may all do your will!
all re - con - ciled and at peace may we live.
past and in fu - ture, this day and this hour!

The Breaking of the Bread

C: We break this bread,

A: **Communion in Christ's body once broken.**

C: Let your Church be the wheat which bears its fruit in dying.

A: **If we have died with him, we shall live with him; if we hold firm, we shall reign with him.**

Unison

Lamb of God, you take a - way the sins of the

world: have mer - cy on us. Lamb of God, you

take a - way the sins of the world:

grant us peace, grant us peace.

The Communion

Administrants: Catherine Carlson, Adriana Cronin

Communion Music: 'Under Your Wing'

Refrain

I will lift up my eyes to the hills
For I know where my help comes from.
You will sustain my weary soul,
For it's by Your grace I stand here today.
Refrain

Verse

There is no trial, no mountain,
no problem too big for my God.
There is no pain, no doubting
when I rest under Your wing.
Refrain

Verse repeats

It doesn't matter how deep the valley may be
I know I'll never be too far from Your reach.
When the water's raging and rising on me,
I call on You. I call on You.
Refrain

Choir Anthem

Prayer after Communion

C Creator of heaven and earth, we thank you for these holy mysteries, which bring us now a share in the life to come, through Jesus Christ our Lord.

A: Amen.

C: Glory to God,

**A: Whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever.
Amen.**

Benediction: 'The Blessing'

The Lord bless you and keep you,
Make His face shine upon you and be gracious to you.
The Lord turn his face toward you, and give you peace. (x2)

Amen, amen, amen.

Amen, amen, amen.

Blessing

C: As you go out and come in, may God keep you by sunlight and moonlight;
may Christ encompass you with love; and may the Holy Spirit empower
you with new life; And the blessing of God, the Son and the Holy Spirit,
bless you and keep
you always.

A: **Amen.**

Recessional Hymn: CP #371 'To God Be the Glory'

Dismissal

C: Go out in faith, trusting in God's sense of direction. Remember how much
God loves this world and so love the world in the name of Christ, that your
testimony becomes the good news someone else has been waiting to
receive and observe a holy lent.

A: **Thanks be to God. Amen.**

Readings for Next Week

Exodus 17:1-7

Psalms 95

Romans 5:1-11

Matthew 4:5-42

Last Week's Attendance

Sunday: 8:15 27 10:00 46

Givings

On the plate \$1,132 Auto Debit: \$2,069

Sunday Smile

Kindness is like snow; it beautifies everything it covers.

Pairings Bible Study

This week we will dive into Psalm 139 following worship. Everyone is welcome.

Lenten Study

Discussion on the movie “Do You Believe?” will take place following the 10am service through the Sundays in Lent.

Art Lessons

Join our friendly and encouraging group of artists every Wednesday morning from 9:00 am to noon at St. George’s in Thompson Hall for weekly art lessons. Classes welcome beginners, intermediates, and experienced artists in acrylic and oil paints.

A three-hour class costs \$25 each. If you don’t have paints, brushes, or canvas don't worry...Gayle will provide these supplies for an additional \$10 per class.

Suggestion photo /idea albums are available for beginners. Refreshments included.

Inquiries please call Gayle Travers 519-241-4876

World Day of Prayer

Friday, March 6th. St Matthews Lutheran Church, Kitchener will be the host for the event. This year's service has been written by the women of Nigeria with the theme being *(I will give you rest (Matthew 11: 28-30.)*

If you are able to prepare a plate of treats or help serve our guests, please speak with Catherine Carlson. You can send an email if that is easier: c.louisecarlson@gmail.com.

Calling All Artisans!

St. George’s will be hosting an Artisan Fair May 23rd from 9:00 am – 1:00 pm.

Cost is \$20.00 per table. Tell your friends who are “CRAFTY” to please contact Cindy if you or a friend, are interested in taking a table or two at (519) 721-4587.

Attention Pancake Supper Volunteers

Please check your church mailboxes.

Thank you!

Our Daily Bread

Requested Our Daily Bread have been placed in all folders. Also, if anyone would like to receive copies, they can contact Deb at dchine@hotmail.com or 519-744-4483.

Bible Study

Join our Bible Study every Thursday at 1:30 pm in the Fireside room. All are welcome!

Stew Luncheon

For those who like to eat, there will be a Stew Luncheon on March 22nd after the 10:00 am Service. Adults \$15.00, Children 6 – 12 years of age \$8.00. Takeout will be available for \$12.00 per person.

St. Andrew's Cupboard

THANK-YOU all so much for your generous donations to St. Andrew's Cupboard

♥ Every week Deacon Kay is overwhelmed with everything we provide to support the cupboard. They appreciate anything we give but a few things mentioned this week were: toothpaste and toothbrushes and they are in DESPERATE need of cereal!

THANK-YOU!

Heather Murphy - On behalf of your Outreach Committee

Photographs

Pictures taken at worship services and special events may be used for the Parish Website, Facebook page, or the Dragon Flyer. Please speak to the photographer if you do not wish to be included in a picture. The Communications Committee.