



St George's of Forest Hill Anglican Church

321 Fischer Hallman Road
Kitchener, Ontario N2M 4X9

Office **519-744-4751**

Website: **www.stgeorgesofforesthill.com**

YouTube: **<https://www.youtube.com/@stgeorgesfh>**

Broadcasts: We broadcast (audio & video) our 10 am Sunday Services and other special Services via YouTube and Facebook. These can be accessed over the internet using the YouTube link above. We make every effort to avoid capturing members of the congregation during the broadcast.

Electronic Devices: Please silence your devices during the Service for the benefit of all worshipping with us. Your cooperation is appreciated.

"Fragrance-Free" Space: We are a "fragrance-free" space as we have those who suffer from sensitivities or allergies to fragrance. Your cooperation is appreciated.

Diocese of Huron:

Bishop:

Music Director:

Organist:

The Anglican Church of Canada

Rt Rev Dr Todd Townshend

Rob Aszmies

John Shaw

Celebrant:

Server & Crucifer:

Warden on Duty:

The Rev Sharla Malliff

Michael Chine, Catherine Carlson

Catherine Carlson

Pentecost X August 2, 2026 BAS Eucharist 1062 Rite 9:00 am

Announcements

Processional Hymn: CP #371 'To God Be the Glory'

The Gathering of the Community

C: The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

A: **And also with you.**

C: Almighty God,

A: **unto whom all hearts be open, all desires known, and from whom no secrets are hid: cleanse the thoughts of our hearts by the inspiration**

of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy name; through Christ our Lord. Amen.

The Summary of the Law

C: Our Lord Jesus Christ said: hear, O Israel, the Lord our God is one Lord; and thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength. This is the first and great commandment. And the second is like unto it: thou shalt love thy neighbour as thyself. On these two commandments hang all the law and the prophets.

A: **Lord, have mercy upon us, and write both these thy laws in our hearts, we beseech thee.**

Prayer of Transition

C: Let us pray;
Almighty God, we thank You for sending a new rector to this parish of St. George's. Pour out Your Holy Spirit upon he and his family. Grant him the wisdom of Solomon, the compassion of Christ, and the discernment to lead this parish faithfully. Guide our steps as we navigate this new chapter, and open our hearts to receive their leadership.

A: **Amen.**

The Collect of the Day

C: Generous God, the whole creation looks to you, and you give them their food in due season.

Open your hand to us, and satisfy us with what we most deeply desire.

A: **Amen**

The Proclamation of the Word

The Readings

First Reading **Isaiah 55: 1-5**

Marc Mennel

A reading from the prophet Isaiah.

“Come, all you who are thirsty,
come to the waters;
and you who have no money,
come, buy and eat!
Come, buy wine and milk
without money and without cost.

² Why spend money on what is not bread,
and your labor on what does not satisfy?
Listen, listen to me, and eat what is good,
and you will delight in the richest of fare.

³ Give ear and come to me;
listen, that you may live.

I will make an everlasting covenant with you,
my faithful love promised to David.

⁴ See, I have made him a witness to the peoples,
a ruler and commander of the peoples.

⁵ Surely you will summon nations you know not,
and nations you do not know will come running to you,
because of the LORD your God,
the Holy One of Israel,
for he has endowed you with splendor.”

The word of the Lord
Thanks be to God.

Psalm 145: 8-9, 14-21

Rev Sharla Malliff

⁸ The Lord is gracious and full of compassion, *
slow to anger and of great kindness.

⁹ The Lord is loving to everyone *
and his compassion is over all his works.

¹⁴ The Lord is faithful in all his words *
and merciful in all his deeds.

¹⁵ The Lord upholds all those who fall; *
he lifts up those who are bowed down.

16 The eyes of all wait upon you, O Lord, *
and you give them their food in due season.

17 You open wide your hand *
and satisfy the needs of every living creature.

18 The Lord is righteous in all his ways *
and loving in all his works.

19 The Lord is near to those who call upon him, *
to all who call upon him faithfully.

20 He fulfils the desire of those who fear him, *
he hears their cry and helps them.

21 The Lord preserves all those who love him, *
but he destroys all the wicked.

Glory be to the Father and to the Son and to the Holy Spirit.
As it was in the beginning, is now and will be forever. Amen.

Second Reading Romans 9:1-5

Prathibha Murali

A reading from Paul's letter to the church in Rome.

I speak the truth in Christ—I am not lying, my conscience confirms it through the Holy Spirit— ²I have great sorrow and unceasing anguish in my heart. ³For I could wish that I myself were cursed and cut off from Christ for the sake of my people, those of my own race, ⁴the people of Israel. Theirs is the adoption to sonship; theirs the divine glory, the covenants, the receiving of the law, the temple worship and the promises. ⁵Theirs are the patriarchs, and from them is traced the human ancestry of the Messiah, who is God over all, forever praised! Amen.

The word of the Lord
Thanks be to God.

Gospel Acclamation: CP #383 'Jesus Shall Reign Where'er The Sun'
(Verses 1, 2)

The Holy Gospel Matthew 14.13-21

Rev Sharla Malliff

C: The Lord be with you.

A: **And with thy spirit.**

The Holy Gospel of our Lord Jesus Christ according to Matthew.

Glory be to thee, O Lord.

¹³ When Jesus heard what had happened, he withdrew by boat privately to a solitary place. Hearing of this, the crowds followed him on foot from the towns. ¹⁴ When Jesus landed and saw a large crowd, he had compassion on them and healed their sick.

¹⁵ As evening approached, the disciples came to him and said, "This is a remote place, and it's already getting late. Send the crowds away, so they can go to the villages and buy themselves some food."

¹⁶ Jesus replied, "They do not need to go away. You give them something to eat."

¹⁷ "We have here only five loaves of bread and two fish," they answered.

¹⁸ "Bring them here to me," he said. ¹⁹ And he directed the people to sit down on the grass. Taking the five loaves and the two fish and looking up to heaven, he gave thanks and broke the loaves. Then he gave them to the disciples, and the disciples gave them to the people. ²⁰ They all ate and were satisfied, and the disciples picked up twelve basketfuls of broken pieces that were left over. ²¹ The number of those who ate was about five thousand men, besides women and children.

The Gospel of Christ.

Praise be to thee, O Christ.

The Response to the Gospel: CP #383 'Jesus Shall Reign Where'er The Sun' (Verses 3, 4)

Homily

Rev Sharla Malliff

The Nicene Creed

C: Let us confess the faith of our baptism as we say,

A: **I believe in one God, the Father almighty, maker of heaven and earth, and of all things visible and invisible; And in one Lord Jesus Christ, the only-begotten Son of God, begotten of the Father before all**

worlds, God, of God; Light, of Light; very God, of very God; begotten, not made; being of one substance with the Father; through whom all things were made: who for us and for our salvation came down from heaven, and was incarnate by the Holy Ghost of the Virgin Mary, and was made man, and was crucified also for us under Pontius Pilate. He suffered and was buried, and the third day he rose again according to the scriptures, and ascended into heaven, and sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: whose kingdom shall have no end. And I believe in the Holy Ghost, the Lord, the giver of life, who proceedeth from the Father and the Son, who with the Father and the Son together is worshipped and glorified, who spake by the prophets. And I believe one, holy, catholic, and apostolic Church. I acknowledge one baptism for the remission of sins. And I look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People

Prathibha Murali

O: Let us pray for the Church and the world.

Almighty and everliving God, who by thy holy Apostle hast taught us to make prayers and supplications, and to give thanks for all people: we humbly beseech thee most mercifully to receive these our prayers, which we offer unto thy divine majesty; beseeching thee to inspire continually the universal Church with the spirit of truth, unity, and concord: and grant that all they that do confess thy holy name may agree in the truth of thy holy word, and live in unity and godly love.

Give grace, O heavenly Father, to all bishops, priests, and deacons, and specially to thy servant Todd our bishop, that they may both by their life and doctrine set forth thy true and living word, and rightly and duly administer thy holy sacraments: prosper, we pray thee, all those who proclaim the gospel of thy kingdom among the nations: and to all thy people give thy heavenly grace, and specially to this congregation here present, that, with meek heart and due reverence, they may hear and receive thy holy word; truly serving thee in holiness and righteousness all the days of their life.

We beseech thee also to lead all nations in the way of righteousness; and so to guide and direct their governors and rulers, that thy people may enjoy the blessings of freedom and peace: and grant to thy servant Charles our King, and to all that are put in authority under him, that they may truly and impartially administer justice, to the maintenance of thy true religion and virtue.

And we most humbly beseech thee of thy goodness, O Lord, to comfort and succour all them, who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity, especially those for whom our prayers are desired.

We remember before thee, O Lord, all thy servants departed this life in thy faith and fear: and we bless thy holy name for all who in life and death have glorified thee; beseeching thee to give us grace that, rejoicing in their fellowship, we may follow their good examples, and with them be partakers of thy heavenly kingdom.

Grant this, O Father, for Jesus Christ's sake, our only Mediator and Advocate, to whom, with thee and the Holy Spirit, be all honour and glory, world without end.

A: Amen.

Confession and Absolution

C: Hear what comfortable words our Saviour Christ saith unto all that truly turn to him. Come unto me all that labour and are heavy laden, and I will refresh you.

God so loved the world, that he gave his only begotten Son, to the end that all that believe in him should not perish, but have eternal life

Hear also what Saint Paul saith. This is a true saying, and worthy of all to be received, that Christ Jesus came into the world to save sinners. Hear also what Saint John saith. If anyone sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins: and not for ours only, but also for the sins of the whole world.

Let us humbly confess our sins to almighty God.

Almighty God,

A: Father of our Lord Jesus Christ, Maker of all things and judge of all people: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word and deed, Against thy divine majesty. We do earnestly repent, and are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy name; Through Jesus Christ our Lord. Amen.

C: Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord.

All: Amen.

The Peace

C: The peace of the Lord be always with you,

A: And with thy spirit.

The Celebration of the Eucharist

The Preparation of the Gifts

Invitation to the Offering

C: God has been generous in providing for our needs. Let us give back a portion of what has already been given to us.

Offertory Hymn: CP #377 'To the Name of Salvation'

Prayer over the Gifts

C: Loving and generous God, you provide for us and even bless us in more ways than we can number. We give these tithes and offerings to tell of your wondrous and steadfast love so that those who do not yet know you may also come to your love.

A: Amen.

The Great Thanksgiving - Eucharistic Prayer B

C: The Lord be with you.

A: **And with thy spirit.**

C: Lift up your hearts.

A: **We lift them up unto the Lord.**

C: Let us give thanks to the Lord our God.

A: **It is meet and right so to do.**

C: It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God, creator and preserver of all things. Who hast gathered us together in this eucharistic feast that we may be renewed in love, joy, and peace.

Therefore, we join our voices with angels and archangels, and with all those in whom the Spirit dwells, to proclaim the glory of your name.

The musical score is written for four voices (Soprano, Alto, Tenor, and Bass) in a four-part setting. The key signature is B-flat major (two flats) and the time signature is common time (C). The lyrics are: "Ho - ly, ho - ly, ho - ly Lord, God of power and might, heav - en and earth are full, full of your glo - ry. Ho - san - na in the high - est, ho - san - na". The score is divided into four systems, each with a vocal line and a piano accompaniment line. The piano accompaniment consists of chords and single notes, providing harmonic support for the vocal lines. The lyrics are written below the vocal lines, with hyphens indicating syllables that span across measures.

Continues on the next page.



C: All glory be to thee, O Lord our God, who didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption.

He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again; who, in the same night that he was betrayed, took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my blood of the new covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory. And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the body and blood of thy dearly-beloved Son Jesus Christ.

All We praise thee, we bless thee, we thank thee, and we pray to thee, Lord our God.

C: And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, ourselves, our souls and bodies.

Grant, we beseech thee, that all who partake of this holy communion may worthily receive the most precious body and blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord; By whom, and with whom, and in whom, in the unity of the Holy Spirit all honour and glory be unto thee, O Father Almighty, world without end.

The Lord's Prayer

C: And now, as our Saviour Christ hath taught us, we are bold to say:

A: Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen

The Breaking of the Bread

A: We do not presume to come to this thy table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great

mercies. We are not worthy So much as to gather up the crumbs under thy table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the flesh of thy dear Son Jesus Christ, And to drink his blood, That we may evermore dwell in him, And he in us. Amen.

The Communion

Administrants: Marc Mennel, MaryLynn Forrest

Communion Music: By John Shaw

Prayer after Communion

C: Let us pray.

A: **We most heartily thank thee, almighty and everliving God, That thou dost graciously feed us, in these holy mysteries, With the spiritual food of the most precious body and blood Of thy Son our Saviour Jesus Christ; Assuring us thereby of thy favour and goodness towards us; And that we are living members of his mystical Body, Which is the blessed company of all faithful people; And are also heirs through hope of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, So to assist us with thy grace, That we may continue in that holy fellowship, And do all such good works as thou hast prepared for us to walk in; Through Jesus Christ our Lord, To whom, with thee and the Holy Spirit, be all honour and glory, World without end. Amen**

Blessing

C: The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God almighty, the Father, the Son, and the Holy Spirit be amongst you and remain with you always. Amen.

Recessional Hymn: CP #378 'Crown Him With Many Crowns'

Dismissal

C: Go in peace to love and serve the Lord.

A: **Thanks be to God. Alleluia!**

Readings for Next Sunday

1 Kings 19: 9-18

Psalms 85: 8-13

Romans 10: 5-15

Matthew 14: 22-33

Last Week's Attendance:

Sunday: 9:00

Givings:

On the plate

Auto Debit: \$2,025

Sunday Smile: Just love everyone, I'll sort 'em out later - GOD

St. Andrew's Cupboard

THANK-YOU all so much for your donations to the St. Andrew's Cupboard 😊 Your weekly generosity is able to help so many less fortunate! Anything you would like to give is most appreciated. A few things mentioned this week were: cereal; canned fruit/fruit cups; and chic peas and always needed are cleaning products and shampoo! THANK-YOU SO MUCH ❤️

Heather Murphy, on behalf of your Outreach Committee

Bible Study

Our Bible Study every Thursday at 1:30 pm in the Fireside room has now finished until the beginning of September.

Altar Guild Request

Thank you to all who contribute to the prayer candle ministry. On average, we use forty candles per week so keeping a stock of 'Tea' light candles is a priority. If you are able to contribute to this ministry, we would appreciate it.

Our Daily Bread

Please check your mailbox for Our Daily Bread.

Accessibility Project – Phase 3 of 3

As you know, we are working towards the completion of the third phase of the Accessibility Project. This project has been estimated to cost \$40,000. It addresses the replacement of the concrete sidewalk aprons in front of the Main Entrance and the rear entrance to Thompson Hall to improve the gradient and allow a smooth and even access to our building. The other part of this project addresses the refurbishment and/or replacement of the rear concrete stairs providing access to the Narthex from the parking lot.

In response to this, we have a generous family who have matched dollar for dollar to help in achieving the \$16,000 total needed. We thank them sincerely for their gift!

Well, Congratulations! We have reached our fundraising goal! Wonderful and thank you to all who contributed!

Pastoral Care

If you are in the hospital or ill and would like a pastoral visit, please call the church office at 519-744-4751 and leave a message. Someone will get back to you as soon as possible. For emergency pastoral care, please call Rev. Sharla at 519-818-9278.

New! Gold and Silver Donations

Deb Chine has volunteered to oversee and coordinate donations from a different perspective. There are reputable gold and silver dealers locally who accept items containing such elements (gold/silver jewelry, gold/silver watches, necklaces, charms, bracelets, etc. – not silverware as most is silver-plated) in whatever form (broken, missing parts, whole items) and pay cash for them. Deb is willing to accept these items on our behalf as donations from you, keep them itemized for tracking purposes, take them altogether to a local gold/silver dealer, and get cash back in return to give to the AV Project for new speakers in the Sanctuary, etc. Each donor would get a tax receipt in February 2027 from the Church for the amount of their donation(s). Any donated item(s) that is(are) rejected by the gold/silver dealer will be returned to its owner. Sincere thanks to Deb for volunteering to do this for us! Please speak to Deb Chine if you are interested.

Thank you in advance!

Summer Readers and Servers

As we enter the summer months, we invite all of our readers & servers to consider volunteering for our 9:00 am Sunday Services. Your willingness to serve helps ensure that our celebrations remain prayerful, welcoming, and meaningful

for the entire parish community. If you are available to assist during the summer, please sign up on the volunteer sheets located in the Narthex.

Summer Worship Schedule

As we have done in the past, we are going to follow the same summer worship schedule throughout July and August wherein we have a single Sunday Service at 9 am. We will alternate between BCP and BAS throughout. July 5 will be BCP, July 12 will be BAS, and so on until the end of August.

Refugee Family Update

Some good news! We have just received information, via MP Connie Cody's office, that our upcoming family has renewed their necessary medical documents. Everything has been submitted for their application's final approval and then travel arrangements. Given the current challenge of working through government immigration processes, we could receive the *Notice of Arrival Transmission (NAT)* in the next 3 – 8 weeks.

Thanks for your continued support, John Ryrie

Memories

We have placed a few artifacts from the display cabinet on a table in the Narthex. These artifacts have been cherished over the years but are now in need of a new family. It is time for them to move on to another home to be equally loved. Please feel free to choose one or two and take them with you to their new home.

Donations – Some Updates

Summer Donations to the Operating Budget: Please continue with your donations to St. George's throughout the summer even though you may be on holidays. Our expenses don't stop even though it is summertime. The bills still have to be paid.

2026 Operating Budget Status: Our treasurer has indicated that we are about \$11,000 behind in donations to our Operating Budget this year. From Vestry, we agreed to a deficit budget; however, your Executive and Parish Council are watching closely to see that the deficit doesn't increase. In fact, it would be wonderful if it decreased over the year. Any assistance that you can give to this shortfall would be greatly appreciated now and throughout the remainder of this year.

Thanks very much! Your Executive and Parish Council

2026 Ice Cream Message

As we have for about 15 years, we are planning to provide an ice cream outreach to St. John's Kitchen during the upcoming summer months. On Fridays, we will offer ice cream to the patrons from 11:30 am to 1 pm. We will likely start on Friday July 3rd. To do this, we will need 10-15 volunteers. I have placed a sign-up sheet in the narthex. You could help out only once over the ten weeks, or – if you are available - perhaps 3 or 4 times.

We have traditionally funded this outreach via donations at our summer Sunday services – loonies, toonies, small bills, etc. placed in a bowl at the back of the church. Or you can allocate some support on your weekly church envelopes. My guess is we will need about \$125 a week, for 4 large tubs and an array of toppings: sauces, sprinkles, chocolate and butterscotch chips, and peanuts. Yummy!!

Catherine Carlson and I are very, very thankful for all the support you have given in past years. I am hoping you will be able to continue your generosity in the coming months.

John Ryrie

Christmas Market

Mark your calendars for November 14, for the Christmas Market at St. George's. As we enter canning and jam making season, please consider making a few extra jars that you can set aside for the Christmas Market. Pickles, beets, jams, and canned fruit are all welcomed.

While it is early yet to get people volunteering, we do need a **Baking Table Coordinator** as Roberta Butler is retiring from the position!!!! She will be so missed, however she has offered to mentor a new person to do the job, so please consider offering your time to assist.

Hold on to your books after you have read them as well, as you know the book room is popular. Craft table items are needed this year, some new items that are trendy and easily made would be super helpful.

In anticipation of a stellar Christmas market,

Susan Hipperson, 519-654-7023 or susanhipp@gmail.com

Farewell & Gratitude for Rev Sharla's Ministry at St George's

Rev Sharla's last Sunday with us is *August 30th*--our last 9:00 am service of the summer. Following the service we will have an opportunity to say farewell to Rev Sharla and express our appreciation for the year and a half she has led us in faith, fun and friendship. After giving it some consideration, Rev Sharla has said she would appreciate a gift certificate to a Garden Centre as they landscape

their home in Scotland. If you wish to contribute you may e-transfer funds to the office or place money in an envelope marked *Rev Sharla's Farewell Gift* and place it in the collection plate. There is a committee planning our celebration and farewell for August 30. If you have questions or suggestions, contact Catherine Carlson

Office Closure

Please note that the office will be closed from July 24 through August 3 and will resume regular summer hours on Monday, August 4. If you have an emergency during this time, please contact Warden Catherine Carlson at 519-886-7466 or Cindy Kellett at 519-721-4587.

Help Wanted

We are looking for someone who would be willing to make slip covers for the seat cushions on the two leather couches in the Fireside room. Materials will be provided.

The de Kluttering Krew

Photographs

Pictures taken at worship services and special events may be used for the Parish Website, Facebook page, or the Dragon Flyer. Please speak to the photographer if you do not wish to be included in a picture.

The Communications Committee