



St George's of Forest Hill  
Anglican Church  
321 Fischer Hallman Road  
Kitchener, Ontario N2M 4X9

Office **519-744-4751**

Website: **[www.stgeorgesofforesthill.com](http://www.stgeorgesofforesthill.com)**

YouTube: **<https://www.youtube.com/@stgeorgesfh>**

**Broadcasts:** We broadcast (audio & video) our 10 am Sunday Services and other special Services via YouTube and Facebook. These can be accessed over the internet using the YouTube link above. We make every effort to avoid capturing members of the congregation during the broadcast.

**Electronic Devices:** Please silence your devices during the Service for the benefit of all worshipping with us. Your cooperation is appreciated.

**"Fragrance-Free" Space:** We are a "fragrance-free" space as we have those who suffer from sensitivities or allergies to fragrance. Your cooperation is appreciated.

Diocese of Huron - The Anglican Church of Canada

Bishop: Rt Rev Dr Todd Townshend

Music Director: Rob Aszmies

Organist: John Shaw

Celebrant: The Rev Sharla Malliff

Server: Jennifer Millar

Greeter: Mary Ann Millar

Warden on Duty: Debra Zanon-Barclay

**Trinity X      Sunday, August 9, 2026      BCP Eucharist – 9 am**

## **Announcements**

**Processional Hymn   CP # 355 'All Creatures of Our God and King'**

*The Liturgy begins on page 67.*

**OUR Father who art in heaven, Hallowed be thy Name, Thy kingdom come,  
Thy will be done, on earth as it is in heaven. Give us this day our daily**

**bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. Amen.**  
**THE COLLECT**

ALMIGHTY God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.

OUR Lord Jesus Christ said: Hear O Israel, The Lord our God is one Lord; and thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbour as thyself. On these two commandments hang all the Law and the Prophets.

**Lord, have mercy upon us, and write all these thy laws in our hearts, we beseech thee.**

### **Prayer of Transition**

C: Let us pray;  
Almighty God, giver of all good gifts, look on your church with grace, and guide the minds of those who shall choose a rector for this parish of St George's, that they may receive a faithful servant who will care for your people and support them in their ministries, through Jesus Christ our Lord.  
A: **Amen.**

### **The Collect of the Day**

C: Let thy merciful ears, O Lord, be open to the prayers of thy humble servants; and that they may obtain their petitions make them to ask such things as shall please thee; through Jesus Christ our Lord.  
A: **Amen**

### **The Proclamation of the Word**

**Reading Romans 10: 5-15**

MaryLynn Forrest

*The lesson comes from the tenth chapter of Paul's letter to the church in Rome beginning at the fifth verse.*

<sup>5</sup> Moses writes this about the righteousness that is by the law: “The person who does these things will live by them.” <sup>6</sup> But the righteousness that is by faith says: “Do not say in your heart, ‘Who will ascend into heaven?’” (that is, to bring Christ down) <sup>7</sup> “or ‘Who will descend into the deep?’” (that is, to bring Christ up from the dead). <sup>8</sup> But what does it say? “The word is near you; it is in your mouth and in your heart,” that is, the message concerning faith that we proclaim: <sup>9</sup> If you declare with your mouth, “Jesus is Lord,” and believe in your heart that God raised him from the dead, you will be saved. <sup>10</sup> For it is with your heart that you believe and are justified, and it is with your mouth that you profess your faith and are saved. <sup>11</sup> As Scripture says, “Anyone who believes in him will never be put to shame.” <sup>12</sup> For there is no difference between Jew and Gentile—the same Lord is Lord of all and richly blesses all who call on him, <sup>13</sup> for, “Everyone who calls on the name of the Lord will be saved.”

<sup>14</sup> How, then, can they call on the one they have not believed in? And how can they believe in the one of whom they have not heard? And how can they hear without someone preaching to them? <sup>15</sup> And how can anyone preach unless they are sent? As it is written: “How beautiful are the feet of those who bring good news!”

Here endeth the lesson.

## **Psalm 85: 8-13**

Rev Sharla Malliff

8 I WILL hearken what the LORD God will say:

**for he shall speak peace unto his people and to his saints, / and unto them that turn their heart to him.**

9 Surely his salvation is nigh them that fear him,  
**that glory may dwell in our land.**

10 Mercy and truth are met together:

**righteousness and peace have kissed each other.**

11 Truth springeth out of the earth;

**and righteousness hath looked down from heaven.**

12 Yea, the LORD shall give what is good;

**And our land shall yield her increase.**

13 Righteousness shall go before him,  
**and shall direct his going in the way.**

C: Glory to the Father and to the Son and to the Holy Ghost.

A: **As it was in the beginning is now and ever shall be, world without end. Amen.**

### **The Holy Gospel: Matthew 14: 22-33**

Rev Sharla Malliff

C: The Lord be with you.

A: **And also with you.**

C: The Holy Gospel of our Lord Jesus Christ, according to Matthew.

A: **Glory to you, Lord Jesus Christ.**

<sup>22</sup> Immediately Jesus made the disciples get into the boat and go on ahead of him to the other side, while he dismissed the crowd. <sup>23</sup> After he had dismissed them, he went up on a mountainside by himself to pray. Later that night, he was there alone, <sup>24</sup> and the boat was already a considerable distance from land, buffeted by the waves because the wind was against it.

<sup>25</sup> Shortly before dawn Jesus went out to them, walking on the lake. <sup>26</sup> When the disciples saw him walking on the lake, they were terrified. "It's a ghost," they said, and cried out in fear.

<sup>27</sup> But Jesus immediately said to them: "Take courage! It is I. Don't be afraid."

<sup>28</sup> "Lord, if it's you," Peter replied, "tell me to come to you on the water."

<sup>29</sup> "Come," he said.

Then Peter got down out of the boat, walked on the water and came toward Jesus. <sup>30</sup> But when he saw the wind, he was afraid and, beginning to sink, cried out, "Lord, save me!"

<sup>31</sup> Immediately Jesus reached out his hand and caught him. "You of little faith," he said, "why did you doubt?"

<sup>32</sup> And when they climbed into the boat, the wind died down. <sup>33</sup> Then those who were in the boat worshiped him, saying, "Truly you are the Son of God."

The Gospel of Christ.

**Praise to you, O Christ.**

**The Creed**

**I BELIEVE in one God the Father Almighty, Maker of heaven and earth, And of all things visible and invisible: And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of the Father before all worlds; God, of God; Light, of Light; Very God, of very God; Begotten, not made; Being of one substance with the Father; Through whom all things were made: Who for us men and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end. And I believe in the Holy Ghost, The Lord, The Giver of Life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. And I believe One, Holy, Catholic, and Apostolic Church. I acknowledge one Baptism for the remission of sins. And I look for the Resurrection of the dead, And the Life of the world to come. Amen.**

**Offertory Hymn: CP # 370 'Songs of Praise the Angels Sang'**

**Prayer over the Gifts**

**A: Blessed be thou, Lord God of Israel, forever and ever. All that is in the heaven and in the earth is thine. All things come of thee and of thine own have we given thee.**

**Intercessions**

Catherine Carlson

**O: Let us pray for Christ's holy Catholic Church.  
Let us pray for peace on earth and for the unity of all Christian people.  
Let us pray for our missionaries at home and abroad.  
Let us remember before God those of our brethren who have departed this life and are at rest.  
Let us pray for the whole state of Christ's Church militant here in earth.**

ALMIGHTY and everliving God, who by thy holy Apostle hast taught us to make prayers and supplications, and to give thanks, for all men: We humbly beseech thee most mercifully to accept our alms and oblations, and to receive these our prayers, which we offer unto thy Divine Majesty; beseeching thee to inspire continually the universal Church with the spirit of truth, unity, and concord: And grant that all they that do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

We beseech thee also to lead all nations in the way of righteousness; and so to guide and direct their governors and rulers, that thy people may enjoy the blessings of freedom and peace: And grant unto thy servant, Charles, our King, and to all that are put in authority under him, that they may truly and impartially administer justice, to the maintenance of thy true religion and virtue.

Give grace, O heavenly Father, to all Bishops, Priests, and Deacons, and specially to thy servant Todd, our Bishop, that they may all by their life and doctrine set forth thy true and living Word, and rightly and duly administer thy holy Sacraments: Prosper, we pray thee, all those who proclaim the Gospel of thy kingdom among the nations: And to all thy people give thy heavenly grace, and specially to this congregation here present, that, with meek heart and due reverence, they may hear and receive thy holy Word; truly serving thee in holiness and righteousness all the days of their life.

And we most humbly beseech thee of thy goodness, O Lord, to comfort and succour all them, who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity, especially those for whom our prayers are desired. We remember before thee, O Lord, all thy servants departed this life in thy faith and fear: and we bless thy holy Name for all who in life and death have glorified thee; beseeching thee to give us grace that, rejoicing in their fellowship, we may follow their good examples, and with them be partakers of thy heavenly kingdom.

Grant this, O Father, for Jesus Christ's sake, our only Mediator and Advocate, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. Amen.

## Confession and Absolution

C: YE that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

A: **ALMIGHTY God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty. We do earnestly repent, And are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.**

C: ALMIGHTY God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. Amen.

Hear what comfortable words our Saviour Christ saith unto all that truly turn to him. COME unto me all that labour and are heavy laden, and I will refresh you.  
St Matthew 11. 28.

God so loved the world, that he gave his only begotten Son, to the end that all that believe in him should not perish, but have eternal life.  
St John 3. 16.

Hear also what Saint Paul saith. This is a true saying, and worthy of all men to be received, that Christ Jesus came into the world to save sinners.  
1 Timothy 1. 15.

Hear also what Saint John saith. If any man sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins.  
1 St John 2. 1, 2.

## **The Celebration of the Eucharist**

### **Thanksgiving and Consecration**

C: The Lord be with you;

**A: And with thy spirit.**

C: Lift up your hearts;

**A: We lift them up unto the Lord.**

C: Let us give thanks unto our Lord God;

**A: It is meet and right so to do.**

C: IT is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things.

Through thy most dearly beloved Son Jesus Christ our Lord; who after his most glorious Resurrection manifestly appeared to all his Apostles, and in their sight ascended up into heaven to prepare a place for us; that where he is, thither we might also ascend, and reign with him in glory.

THEREFORE with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying:

**A: HOLY, Holy, Holy, Lord God of hosts, Heaven and earth are full of thy glory. Glory be to thee, O Lord Most High.  
BLESSED is he that cometh in the Name of the Lord: Hosanna in the highest.**

### **Consecration**

C: BLESSING and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once



offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again. Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me. Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me.

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and Cup of everlasting salvation, the memorial which he hath commanded; And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end. **Amen.**

THE peace of the Lord be always with you;

**A: And with thy spirit.**

**We do not presume to come to this thy table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy table. But thou art the same Lord, whose property is always to have mercy: Grant us**

therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.

## The Communion

**Communion Music: CP # 353 'My God, How Endless Is Your Love'**

**Administrants:** MaryLynn Forrest, Charlotte Cromarty

## Post Communion Prayers

C: Let us pray.

**A: OUR Father who art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. For thine is the kingdom, the power, and the glory, For ever and ever. Amen.**

C: ALMIGHTY and everliving God, we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom.

**A: And here we offer and present unto thee, O Lord, ourselves, our souls, and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. Amen.**

C: Glory be to God on high, and in earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give

thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty. O Lord, the only begotten Son, Jesu Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sin of the world, have mercy upon us. Thou that takest away the sin of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us. For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

## **Blessing and Dismissal**

C: THE peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. Amen.

## **Recessional Hymn: CP # 374 'Alleluia! Sing to Jesus'**

| <b>Readings for Next Sunday</b> |                   |
|---------------------------------|-------------------|
| Isaiah 56: 1, 6-8               | Psalms 67         |
| Romans 11: 1-2, 29-32           | Matthew 15: 10-28 |

## **Last Week's Attendance:**

Sunday: 9:00                      40

## **Givings:**

On the plate: \$ 3,310              Auto Debit: \$2,015

**Sunday Smile:** No bungee cords – we encourage leaps of faith.

## **Altar Guild Request**

Thank you to all who contribute to the prayer candle ministry. On average, we use forty candles per week so keeping a stock of 'Tea' light candles is a priority. If you are able to contribute to this ministry, we would appreciate it.

## **St. Andrew's Cupboard**

THANK-YOU everyone for your continued support of the St. Andrew's Cupboard  
♥ Even during the Summer months when people are busy or away, you continue to support this amazing Outreach initiative! You are the BEST 🙌 As always, anything you are able to provide is most appreciated. Something critical mentioned this week was CEREAL-CEREAL-CEREAL! THANK-YOU

Heather Murphy, on behalf of your Outreach Committee

## **Ice Cream Update August 3, 2026**

I am delighted to convey that to date we have received \$500 from parishioners attending our summer Sunday services. That (plus other funds via our Sunday collection envelopes) has enabled us to provide 9 tubs of ice cream and oodles of toppings to the patrons at St. John's Kitchen. We have five Fridays to go (perhaps 6) and are very thankful for the support that has been given so far. Much appreciated.

John Ryrie

## **Pastoral Care**

If you are in the hospital or ill and would like a pastoral visit, please call the church office at 519-744-4751 and leave a message. Someone will get back to you as soon as possible. For emergency pastoral care, please call Rev. Sharla at 519-818-9278.

## **Reduced Office Hours**

Please note that the reduced summer office hours will begin the week of July 5th. Hours will be as follows weekly:

Tues: 10 am – 1 pm      Wed: 10 am – 2 pm      Thurs: 10 am – 1 pm

## **New! Gold and Silver Donations**

Deb Chine has volunteered to oversee and coordinate donations from a different perspective. There are reputable gold and silver dealers locally who accept items containing such elements (gold/silver jewelry, gold/silver watches, necklaces, charms, bracelets, etc. – not silverware as most is silver-plated) in whatever form (broken, missing parts, whole items) and pay cash for them. Deb is willing to accept these items on our behalf as donations from you, keep them itemized for tracking purposes, take them altogether to a local gold/silver dealer, and get cash back in return to give to the AV Project for new speakers in the

Sanctuary, etc. Each donor would get a tax receipt in February 2027 from the Church for the amount of their donation(s). Any donated item(s) that is(are) rejected by the gold/silver dealer will be returned to its owner. Sincere thanks to Deb for volunteering to do this for us! Please speak to Deb Chine if you are interested.

Thank you in advance!

### **Community Children's Closet**

Thank you for your generous donations to this outreach project. We are sorting through everything we have now and organizing it. We are asking if you would please hold on to any other children's items you may have until Sept. to give us time.

PLEASE do not send us adult clothes even if they are smaller sizes unless a teenager wears them. This outreach is TOTS TO TEENS...sizes infant to size 18. We really cannot accommodate adult clothing, under garments or odds and ends of things. Please send children's clothing and toys only. Do not send used car seats, cribs or items like that.

We do appreciate your donations of children's items. Thank you.

Your Outreach Committee

### **Our Christmas Market is Coming Soon**

Mark your calendars for November 14, for the Christmas Market at St. George's. As we enter canning and jam making season, please consider making a few extra jars that you can set aside for the Christmas Market. Pickles, beets, jams, and canned fruit are all welcomed.

As we already indicated, we do need a **Baking Table Coordinator** as Roberta Butler is retiring from the position!!!! She will be so missed, however she has offered to mentor a new person to do the job, so please consider offering your time to assist.

Hold on to your books after you have read them as well, as you know the book room is popular.

Start collecting bottles for the bottle pull, which is a favourite and consider donating a basket of goodies for the raffle as well.

### **Refugee Family Update - August 3, 2026**

Our new refugee family arrived, as anticipated, on Monday July 31<sup>st</sup>. Our committee transferred them to the apartment in the Pioneer Park area early in the afternoon. The boys were thrilled with their apartment bedroom, and within a

very short period of time, had their gifted toys strewn all over the floor. They have also latched on to the TV.

Mom – Mapenzi – has enrolled in the YMCA, secured a credit union bank account and debit card, and is on her way to obtaining an Ontario photo ID card and receiving federal child benefits. She was very keen to go shopping at a grocery store as soon as she could. Our committee's support group from other local churches have shown here all sorts of everyday skills – the use of the frig, frig freezer, stove, shower, garbage chute, etc. And the family has already endured a totally unexpected fire alarm. A lot has been accomplished in a short period of time. One of our biggest challenges right now is finding a couple more individuals who can speak Swahili.

As it turns out, she has a nephew, Eiden, living in Montreal. He would love it if she could move there so he could take care of her. At this point, we do not know if that will be possible. Time will tell.

John Ryrie

## **Photographs**

Pictures taken at worship services and special events may be used for the Parish Website, Facebook page, or the Dragon Flyer. Please speak to the photographer if you do not wish to be included in a picture.

The Communications Committee